



The Cog

Newsletter of the Rotary Club of Lutterworth



Issue No: 113

Driving the wheel of fellowship

August

Speaker Finder Grace & Thanks

Monday	4th	Normal Meeting	Steve Tallis	Brenda Parcell
Monday	11th	Normal Meeting	Elaine Turner	David Perkins
Thursday	14th	Council		
Monday	18th	Business Meeting		
Monday	25th	Bank Holiday	No Meeting	

September

Monday	1st	Normal Meeting	John Turner	Anne Baker
Monday	8th	Normal Meeting	Mark Thompson	Graham Johnson
Thursday	11th	Council Meeting		
Monday	15th	Business Meeting		
Monday	22nd	Normal Meeting	David Walton	Bernard Johnson
Monday	29th	Normal Meeting	John Wells	Bridget Hunt

If you are unable to carry out your 'duty' please find a substitute and tell **David Ayres** Tel: 01455 202224 email ayres4feet@btinternet.com

Diabetics (UK) - 16th June

Claire Coles—one of four fundraisers in the Midlands—who operate from home gave us a talk on the activities of the charity. She explained that there are two types of diabetic.

Type 1 being the most serious as sufferers are unable to produce insulin in the body and have to inject daily with insulin in a carefully measured amount. It can lead to loss of vision, problems with circulation and needs careful monitoring and may be caused by a family gene or a trauma and occasionally pregnancy.

Type 2 account for 90% of those with diabetes and is usually caused through a lifestyle of lack of exercise, poor diet and smoking in people over 60. This can be treated by a change in diet carefully recording types of food eaten, taking up exercise and ceasing to smoke and with medication if needed. One in 17 of the population in the UK suffer from diabetes.

Apparently since 2006 diabetes has overtaken heart disease as the main cause of deaths due mainly to lifestyle changes and accounts for in excess of some 24,000 a year.

The NHS predict expenditure on those having both types of diabetes will rise from £9.8 billion in 2012 to £16.9 billion over the next 25 years and would equate to the NHS spending 17% of its entire budget on this condition.

Strawberry Tea—Sunday 22nd June

On the hottest day of the year to date David and Anne Toone invited us to a Strawberry Tea at their farm preceded by the Sherrier School Choir and soloists from Lutterworth College singing a collection of songs in St John's Church opposite.

Some £790 was raised for Multiple Sclerosis Leicestershire and Rutland—a wonderful farewell to David as President and a very patient and efficient wife who fielded our phone calls during the year he was in office. Thank you Anne.

President's Change-over Day - 30th June



Rather than the norm of finding a speaker to address the meeting, the incoming President of Lutterworth Rotary, Martin Iliffe, decided to test members present with a quiz – firstly passing out pictorial rounds over lunch, where teams, divided up by tables, had to identify:

- a) Prime Ministers & Presidents
- b) Tennis Players
- c) BBC Newsreaders

What followed was one of the quietest lunches ever with members searching their memories!

Following lunch there were rounds of verbal questions on General Knowledge & Trivia. When the scores were tallied up, Table A, led by inveterate quizzers Malcolm Richardson & John Turner proved triumphant.

Quiz completed, outgoing President, David Toone addressed the meeting, thanking Martin for doing a great job as Vice President and telling everyone how much he had enjoyed his Presidential year; “it had been”, he said “a real honour”.

Having received the Presidential Chain Martin in turn thanked David; “you had a really good year” he said” and did a really good job”. He then, to a round of applause, presented David with his Past President’s Medal.

Report by Tony Hirons

Wishing Well – Greyhound 2014

The Greyhound Wishing Well has had a facelift thanks to Robert Eggleston's financial generosity and Bernard Johnson - Lutterworth Rotary's Secretary and practical man who over the years has turned his hand to anything that goes under the name of charity.

We as a club would like to help Water Aid reduce the number of children who die from having diarrhoea because they lack clean water and sanitation.

(A staggering 4,000 a day around the world).

As Water Aid say it's not just saving lives but is the first steps out of poverty. Some 884 million people around the world still lack access to safe water and 2.5 billion have no access to sanitation.

To date Water Aid with supporters like Rotary have already helped to bring health benefits, education and livelihoods to over 13 million people.

The Well at the Greyhound will do more than just collect money locally it will help to make people aware that in many parts of the world – water does not just flow from a tap as if by magic – clean water is a prize possession essential to man's survival.

Let our Wishing Well help to make our dream come true by reducing the number of people unable to access clean water. The need for clean water is global – let us play our small part in helping to relieve parts of the world who are not as fortunate as us.

Peter Wallace—resigns

We as a Club are sad that Peter has decided to resign from the club due to other commitments. We shall miss his dry sense of humour and wish him well and hope that from time to time he will drop in as a very welcome guest.

Lutterworth Rotary Donations 2013–2014

Air Ambulance
Aqua and Shelter Boxes
Cardio Research
Disabled Sports Leicestershire and Rutland
Epilepsy Action
Hearing Dogs for the Deaf
Lutterworth Foodbank
Lutterworth Open Christmas
Medecins Sans Frontieres
Menphys
Mercy Ships
Milele
Multiple Sclerosis
Practical Action
RABI
Rotary Foundation
Rotary Polio
Typhoon Haiyan
Water Aid

The Charities covered by the Santa Fun Run were

Air Ambulance
Arthritis Research UK
Orchid
Lutterworth Mayor's Appeal
Menphys
Rotary Charities

Grand Total £23,000

51 Million refugees, asylum seekers and displaced people Worldwide

The staggering number of refugees, asylum seekers and internally displaced people in 2013, according to the UN.—the most since World War 11. Afghans, Syrians and Somalis made up more than half the global refugee population.

Report published by Time Magazine 7/14th July 2014

Ted Wilson – 7th July

Ted started his talk by saying that like many of us he drifted through school not knowing quite what career he wanted to take up. He attended University for a year still not knowing what he wanted to do. He opted out of University and wanted to go sailing in the Mediterranean –but because his mother insisted he applied for a job in the UK took a job in A&SF Lab in Coventry. Various lucky breaks led to a job as Quality Control Manager at the age of 22 in a newly formed Courtaulds Company producing 100 tonnes of fabric a week. He started his own business in 1972 but despite the 3 day week for most of 1973 luck helped the company to grow. Despite difficult times the factory was later sold to an Oxford Sportswear company putting himself on the dole. At this stage he decided to become a teacher and did 2 years training at the age of 46 to obtain the necessary qualifications and then taught for 16 years. In 2002 he started in a School Project in Tanzania on an educational programme and worked there until 2007. The Project is still running giving opportunities for Birmingham school students to work on projects in Tanzania.

Away from work he married Kay in 1969 and has three children working in International Development – Augusta Westland Helicopters – Waters Scientific Instruments and five grandchildren, leaving Ted to take up his hobbies full time –

cycling and sailing.

Since joining Rotary he has got involved in helping out where he can.

Welcome aboard Ted.

Samaritans (Charity) -14th July - John Wilcox co-Director of Leicester Branch

The Samaritans were founded in 1952 by Chad Varah—a vicar in London based on an experience he had as a Curate in Lincoln and until 2002 were purely known as Samaritans after which they were renamed Samaritans (Charity). Within 10 years there were 40 branches and by 2011 had 203 with some 20,600 volunteers (who operate from their branches) offering a 24 hour service on the phone 365 days a year.

Leicester where he operated from were this year celebrating their 50 year of service.



Their address being;—
1a Elmfield Avenue, Leicester LE2 1RB and for those in distress and can be contacted on

0845 790 9090.

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In Southampton they have this notice on one of their bridges.

Inner Wheel President Changeover July 22nd

Retiring President Sue Staples writes 'My year as President was most enjoyable and special as it was not only our 60th Charter but a celebratory 90 years for Inner Wheel. The club embraced both events, the Charter with a formal tea at Coombe Abbey and "The 90 Wheels Project" by raising money for a tactile Train

Carriage for a wall collage at Rainbows. My charities were Rainbows £800, and the Stroke Association £640 this money will be used locally. We also raised for overseas charities £200. I wish Sue Wilson incoming president a happy and successful year'.

Sue Wilson adds 'I am honoured to take over as President after Sue's busy and successful year. I look forward to an active year for Inner Wheel and supporting President Martin and Lutterworth Rotary Club where possible. My chosen charity will be Rainbows'.

A World without volunteers

Just imagine it.

There would be no life-boats, Samaritans.

Magistrates, school governors, sports coaches, Guides and Scout leaders, special constables, National trust wardens, would all have disappeared.

Our leisure and heritage industry would be decimated, as would our schools and colleges, hospitals, day centres, prisons, parks and sports clubs.

There would be no fund-raising, so many of our charities and voluntary groups would cease to exist, and no trustees, so even those able to eke out an existence, would have no-one to lead them.

There would be no campaigning, no advocacy, no food-banks, no credit unions, and no citizen advice bureau.

In short, our communities would grind to a halt.

Future Events

Big Bike Ride - Sunday 17th August

If you have not done so already put this in your diary.

The 3rd Big Bike Ride will be run from Misterton Hall and have 4 routes as last year 11, 23, 39 and 62 miles finishing back at Misterton Hall.

Entry fee £10 under 12 £5 and includes a Hog Roast.