



The Cog

Newsletter of the Rotary Club of Lutterworth



Issue No: 116

Driving the wheel of fellowship

November '14 Newsletter

Speaker Finder Grace & Thanks

November

Monday 3rd Normal Meeting Brenda Burton David Haynes
Monday 10th Normal Meeting Ken Billington DG Peter Hammond
Thursday 13th Council
Monday 17th Business Meeting
Monday 24th Normal Meeting Bryan Cooper Steve Tallis

December

Monday 1st Normal Meeting Carola Sander Hess Roger Rose
Monday 8th Normal Meeting Philip Duncan David Toone
Thursday 11th Council
Monday 15th Evening Meal 6-30 for 7 p.m. with Inner Wheel at Golf Club
Monday 22nd Christmas Lunch & Business Meeting
Monday 29th Christmas Holiday

If you are unable to carry out your 'duty' please find a substitute and tell **David Ayres** Tel: 01455 202224 email ayres4feet@btinternet.com

www.lutterworthrotary.org.uk

ABF The Soldiers' Charity—22nd September

Nick Bodian Regional Director for ABF in the East Midlands spoke to us about the ABF The Soldiers Charity - **who they are** and **what they do**.

ABF The Soldiers' Charity is the Army's National Charity, helping soldiers, veterans and families from every conflict. They were established in 1944 to ensure that the hardships endured by soldiers in the aftermath of 1914 – 18 were never repeated. Most soldiers leave the Army with a promising future and excellent life skills, but there are some who need extra support as a result of their service. Over the last 70 years, they have helped countless people from the Army family, defining their work through the Army's own values of courage, loyalty and selflessness. They are still there, changing and adapting to meet the current needs of today's Army.

They often help with the everyday things which may not be exciting, but are life-changing to their beneficiaries; support with care home fees, training courses or home adaptations. To provide independence and dignity for every soldier and veteran is something they are incredibly proud to do. Those individuals who need them usually come to them through their Regiments or Corps. and they can often provide vital help within 48 hours. On some occasions they can provide a grant within minutes. They understand that if an ex-soldier is facing a night without shelter, or their next meal, they need help right away. The scope of their work is enormous; last year their eldest beneficiary was a 107-year-old World War 1 widow who needed assistance in paying her care home fees. The youngest was a 5-month-old baby of a serving soldier who needed funding for a specialist piece of medical equipment – such is the need they meet each day.

People and Places – 29th September

Yvonne Coulson spoke about her trip to Kenya organised by the organisation called "People and Places" who aim to put the right volunteer in the right place at the right time. She told us that they have a passion for responsible volunteering as openly and honestly as they can. She said their approach to each project was to benefit both the local community and each volunteer who is closely vetted to see if they are suitable to join the team. Being a teacher she was well qualified for the job but like all the volunteers was not prepared

for the local environment and lack of teaching material. To demonstrate this she showed us typical pictures of a classroom in the boarding school which handled disabled children in with the main stream students. One picture showed a class of four, one of whom had lost his legs below the knee who was known as the monkey as nothing seemed to create a problem for him in getting about.

Others that were at the school had hearing problems.

As she said there were a mix of children of all ages each to be taught in a variety of ways which for her and the other volunteers made it an interesting challenge, their reward being to seeing their smiling faces at the end of the day.

You had to remember that their “Disability is not an inability to do things” and that “perseverance conquers all” by both teacher and student and that all that was needed was time to understand each other in order to achieve great things.

A very thought provoking talk leaving us much to think about.



Knitted Teddies

Good News—We have now reached the 4,000 knitted teddy mark and exceeded it thanks to lots of knitters and distributors. Since a small advert in a Church Magazine back in November 2011 asking for teddies to be knitted for children in disaster areas of the world or in trauma **4,172 teddies** have been distributed to 29 different countries by many individuals and organisations.

Teddies have been knitted by groups and people knitting alone.

It is amazing to see photos of so

many children bonding with the teddies and a special thank you to all near and far who have made this project so worth while. Above:

Teddy No. 4,001

The latest batch is going to “Love in a Box” organised by Browns of Lutterworth and will be distributed in Eastern Europe orphanages in Moldova and Ukraine. Others are on their way to Mumbai and

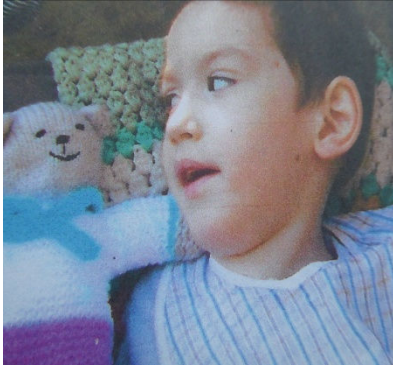
Lutterworth Rotary Club—Knitted Te



@ 1 October 2014 - Total: 4174

eddies Worldwide





hopefully Haiti and one hundred are being sent to Wirksworth for inclusion in Rotary Aquaboxes.

Knitted Teddies have been sent to:

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Australia-Chile-Denmark-Easter Island-England-Ethiopia-Ghana-Goa-Kenya-Malawi-Moldavia-Mumbai-New Zealand-Northern Ireland-Peru-Portugal-Romania-Scotland-Sierra Leone-South

Africa-Syria-Taiwan-Tanzania-Turkey-Ukraine-USA-Vietnam-Wales-Zambia

Above: Deaf Mute child from Moldavia with her teddy.

Community First Responders - 6th October

Our speaker Jeanne Freeman spoke to us about the role of a Community First Responder having been a Physical Training teacher at the Lutterworth College before retiring so was well qualified to talk about the subject. The internet is far more succinct in outlining what and who they are - so I quote their words.

Community First Responder (CFR) volunteers are trained to attend **emergency calls** received by the ambulance service and **provide care** until the ambulance arrives. Volunteers can arrive at an emergency scene in a matter of minutes, as they are sent to calls in their **local area**. The schemes operate as a **community partnership** between St John Ambulance and local ambulance service trusts. Having someone in the community who has been trained in first aid and can reach the patient quickly makes all the difference. St John Ambulance has been working hard across its regions to establish a **close working partnership with NHS Ambulance Service Trusts** in maintaining existing CFR units and

establishing new units. Several regions now have units operating in their area with more regions seeking to establish this important role. Volunteers operate as part of a rota system from their own home or place of work. They are dispatched at the same time as an ambulance via ambulance control to attend Category A '**immediately life – threatening calls**'. These calls can include:

*cardiac arrest diabetic emergency unconscious patient
breathing difficulties seizures.*

Community First Responders are dispatched to calls under normal road conditions using their own cars. They do not have the authority to drive under emergency conditions.

This worthwhile role means that you can often be first on the scene to a patient in need, assessing their condition and prioritising your response. CFR's are trained to not only **assess the immediate situation** but also to **ascertain a previous medical history** whilst treating a patient. Sometimes they can simply be a very vital extra pair of hands to an ambulance crew when they arrive.

As well as basic first aid equipment, they carry automated external defibrillators (AEDs) and are trained and equipped to provide oxygen therapy.

New volunteers and those wishing to qualify for this role will need to attend an **approved training course** which includes assessment, and will be required to re-qualify annually. Every year, our CFRs attend more than **6,000 calls** on behalf of ambulance service trusts.

Mercy Ships—update

Africa Mercy a 16,500 tonne hospital ship was due to call in Guinea and Benin on the west coast of Africa but due to the Ebola crisis currently in those countries has brought forward its previously planned schedule. The reason being that the Mercy Ship is a specialised surgical ship with multi-bed wards and limited

isolation facilities. Africa Mercy is not designed to quarantine Ebola patients. So after a stop over in Cape Town South Africa in October for refuelling and crewing will proceed on to Tamatave—Madagascar. With a population of over 22 million 43% are under the age of 20—the nation being positioned 151 out of 187 countries in the UN Human Development Index. A protracted potential crisis in recent years has endangered the nations ability to meet a number of millennium development goals and has taken a heavy toll on Madagascar’s economy and its people, especially the most vulnerable. According to the President’s office there is a clear and important need for the expertise that Mercy Ships can bring to the nation, both in terms of specialised operations as well as in education and capacity building alongside Malagasy professionals working in medical care and surgical need. Mercy Ships will work closely with the Government of Madagascar to evaluate the exact needs, pathologies and regional priorities.

Forthcoming Events

Saturday and Sunday 1st and 2nd November—Disabled Sports at the Excel Leisure Centre Coventry CV4 8DY

Saturday 29th November - Sounds of Music St Mary’s Church in aid of Lutterworth Museum and Lutterworth Foodbank Admission Adults £8 Concession £6.

Sunday 30th November - Lutterworth Santa Fun Run starting at 11 a.m. from Lutterworth College.

***Saturday 20th December - Abba Tribute at Catthorpe Manor
6-30 for 7-15 p.m.***

*Peter J Osborn Rossett Green Valley Lane Bitteswell Leics. LE17
4SA Tel: 01455 553178 email p.osborn@homecall.co.uk*