



# THE COG

Newsletter of the Rotary Club of Lutterworth

## Issue No: 129

### Driving the wheel of fellowship

## December

## Speaker Finder Grace & Thanks

Monday 7th Normal Meeting Martin Iliffe David Toone

Wednesday 9th Council

Monday 14th Joint Christmas Dinner IW Lutterworth Golf Club

Monday 21st Normal Meeting Christmas Lunch

Monday 28th Christmas Holiday

## January 2016

Monday 4th Normal Meeting Sue Ensor Peter Osborn

Thursday 7th Council

Monday 11th Business Meeting

Monday 18th Joint Lunch Meeting with Wycliffe Club TBA

Monday 25th Normal Meeting David Haynes Brenda Burton

If you are unable to carry out your 'duty' please find a substitute and tell David Ayres Tel: 01455 202224 email ayres4feet@btinternet.com

## Glenfield Heart Surgeon—26th October

John Wilson's speaker Leon Hadji Nikolaou a cardiothoracic surgeon from Leicester Glenfield Hospital who specialises in Heart Surgery gave us a highly detailed talk on his work there. He prefaced his talk by giving us a synopsis of his career. He was born in Greece and came to England 24 years ago to train as a heart surgeon. He is the son of a doctor whose life became political, because he spent 2 years in a concentration camp in Germany during the second world war. Leon did most of his specialist training at St Mary's in Paddington London where he met his wife Naomh Goodman who is currently a staff nurse at Glenfield Hospital's Intensive Care Unit. They moved to the Leicester area in 2001 and have 2 daughters who were born here. He told us that training for such a specialised job can take between 9 and 14 years dependent upon the particular field chosen.

In the past 14 years he has operated on thousands of patients.

He briefly covered all aspects of his job, too detailed to list here, mentioning the complexity of the job as routine which I suppose for him is true but for we lesser mortals as patients is amazing.

Like his father he said that he shows a great deal of interest in

politics and is a prospective Parliament Candidate for Leicester South Conservative Constituency. How he finds time to do both jobs he did not explain.



He did say that he is currently raising about £4½ million for the hospital in order to install cameras in the theatre lights so that students can witness what is being done during an operation - live. Half being funded by the government the balance from private donations.

## **Skittles Evening Wednesday 28th October**

David Toone ran a very successful evening at Wolvey Bowls Club against Coventry Phoenix raising some £400 for Rotary Charities. We had 6 tables of eight where a lot of banter went on between the two clubs. We came out winners for the evening and were invited



by Coventry Phoenix to a return match at the Barnacle next year where their President said they would show their full potential. Lets see.

## **Teddies for Traumas**

Elaine sent me a recent Press release sent out by **Lucy Air Ambulance for Children**.

### *Press release*

Sick young children requiring the first class paediatric transfer service of **Lucy Air Ambulance for Children** can now be comforted by the gift of a delightful hand-



knitted teddy bear. These bears are the brainchild of Elaine Turner of Lutterworth Rotary Club who has recruited a team of volunteer knitters who have now made over 5000 which are distributed throughout the world. Children with teddies recover from trauma more quickly than those without. Many thanks to all concerned.

## **Mark Spiers “The Breakthrough Programme” 2nd Nov.**

Mark Spiers spoke to us on a life enhancing programme he had developed to become the person you would like to be:

### **“The Breakthrough Programme”.**

It is a Therapy that can change your life and covers :-

Realise your dreams and achieve your goals.

Tap into your inner resources of love, compassion and well being.

Learn self-empowering techniques to enable you to make life changes.

Embrace health , wealth and happiness

Dissolve your fears.

Let go of unhelpful habits and think “Change is possible, I can do this, I am good enough”.

Use guided visualisation to address physical and emotional pain.

For those interested in seeing him for a consultation he operates in both Leicester and Rugby.



n the short time he had to explain his "Programme" he gave a very detailed explanation of what can be achieved and left us with more questions than time permitted to resolve them all.

He can be contacted by phoning Rugby 07811 297106 or Leicester 0116 288 6867

### **Minor Sports—20th October**

It is good to report that our team gave Blaby Meridian rather a hammering by winning 4 games to 2 and tied at "throwing the hoops" and "table skittles". Our gallant losers had to admit they had had a marvellous evening and thanked us for being perfect hosts.

We look forward to the next round of the competition.

### **Wishing Well**

"I have a dream"

How often do we hear this—yet what do we do about it? Rotary is an organisation of action and so we can help things happen for the good of those less well off than ourselves.

"Water Aid" is the charity which benefits from the coins collected in the Wishing Well at the Greyhound Hotel in Lutterworth. This charity supports local projects (mainly in Africa) that provide the local community with clean water to drink and in combination with safe sanitation reduces diseases created by the use of contaminated water.

I am delighted to report that we have collected a further £209 from the Greyhound Wishing Well giving us a total to date of £975 since it was installed in October 2012.

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## Rotary Disabled Sports 2015 –7/8 November

The Rotary Disabled Sports Championship started in 1981 some 34 years ago and through the continuing hard work of the Coventry Clubs goes from strength to strength.

We in Lutterworth (Leicestershire) joined the Championship some 10 years ago in 2005 and through the enthusiasm of Bryan Cooper and his late wife Shirley followed by John Roberson and Carol have continued to not only enthuse the team but bring success over the past decade. The Leicestershire team are like an extended family supporting each other in the different fields they compete in urging and encouraging each other to succeed.

Both Bryan and John arrange practice nights at Lutterworth College who offer them their facilities free of charge.

The unsung heroes who are greatly appreciated by the

athletes are the drivers who ferry them around and make their success possible.

The sports played are:- Table Tennis - Swimming - Triathlon - Slalom - Shooting - Pitstop - Weightlifting - Darts - Kurling - Boccia Team and Pairs

This year the number of teams dropped but this did not diminish the competitiveness which remained high.

Since our involvement in the Championship we have won on 6 occasions – in 2007 2008 2009 and in 2013 2014 and again



this year 2015. This year we won in boccia pairs – kurling –

pitstop – shooting – slalom – and table tennis coming second in boccia team and male weight lifting  
May we congratulate the **team** and all who took part.

### **District Quiz 14th October**

Now here's a question for Quizzers. When the two top scoring teams tie, and then the next two teams also tie on a lower score, (we were one of the next teams) what do you call the result? Second equal? Joint second? Third equal? Third going on Fourth?



You develop a funny mind if you take quizzes too seriously. Cheered to the echo by Club Members, Lutterworth's gallant team of John Turner, Tony Hiron, Martin Iliff and Hugh Robertson Smith went into battle in the District Rotary Quiz on 14 October, held at the Blaby Golf Club. Lulled by swapping marking papers with the worst performing club who crashed and burned from the first question we were perhaps just a little too confident. As a result we fell victims again to Wycliffe and Oadby. For the future, Wycliffe we can nobble, but Oadby are a different proposition. Brainy Buggers in Oadby Rotary.

Don't know who we tied with and, like the Italian racing driver, we don't care who was in the mirror behind us. Roll on the next event for a well-deserved drubbing.  
Just not saying Who!!!

*Hugh*

## **Why I cling to life**

I have been held up, held down, sand bagged, walked upon, sat upon, flattened out and squeezed by the Income Tax, the Beer Tax, and the Spirits Tax, the Motor Tax, and every Society, organisation and club that the inventive mind of man can think of to extract what I may or may not possess – for the Red Cross, the Black Cross, the Ivory Cross and the Double Cross, and for every hospital in town and country.

The Government has governed my business till I don't know who runs it. I am inspected, suspected, examined re-examined, informed, required and commanded, so that I don't know who I am or why I am here at all.

All that I know is that I am supposed to be an inexhaustible supply of money for every need, desire, or hope of the human race, and because I will not go out and beg, borrow or steal money to give away I am cursed, discussed, boycotted, talked about, lied to, lied about, held up, hung up, robbed and dam near ruined.

The only reason why I am clinging to life at all is to see what the hell is going to happen next.

## **Future Events**

### **Morrison's Collection for Air Ambulance**

Monday 30th November      Friday 4th December and  
Saturday 5th December

**HAPPY CHRISTMAS  
and NEW YEAR**

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