



## Issue No: 149

Driving the wheel of fellowship

# August '17 Newsletter

<b>August</b>			<b>Speaker Finder</b>	<b>Grace &amp; Thanks</b>
Monday	7th	Normal Meeting	Sally Hollis	Anne Baker
Thursday	10th	Council		
Monday	14th	Business Meeting		
Monday	21st	Normal Meeting	Roger Rose	Mike Toone
Monday	28th	<b>Summer Bank Holiday</b>		

## September

Monday	4th	Normal Meeting	David Walton	Bernard Johnson
Monday	11th	Normal Meeting	Brenda Burton	Bridget Hunt
Thursday	14th	Council		
Monday	18th	Business Meeting		
Monday	25th	Normal Meeting	Anne Baker	Peter Osborn

If you are unable to carry out your 'duty' please find a substitute and tell **David Ayres** Tel: 01455 202224 email ayres4feet@btinternet.com

## **100 Club Winners for July**

David Haynes	£50
Hugh Robertson Smith	£15
Peter Hammond	£10

## **Oakberry Trees - Dunton Bassett**

Richard Underwood owner of Oakberry Trees in Dunton Bassett spoke to the club about the origins of his company which has been running for the last decade.

Oakberry Farm has been a working farm for many years, mainly growing arable crops. In 1998 a small area of land was used to plant Christmas Trees.



At that time it was not anticipated that the Christmas Tree venture would amount to selling more than those few trees, but from the very first Christmas that they began trading it became obvious that they could sell far more trees than they had planted.

Since then, each year many hundreds and then thousands of tiny Christmas trees have been transplanted from special nurseries to be grown on at Oakberry Farm.

Great care is taken to look after the young trees, feeding them, weeding them and trimming them to shape as they grow.

They now have several thousand trees available for sale every year. It has always been their aim to sell only the best quality trees possible, whether actually grown at Oakberry Farm or those bought in to offer as wide a range as possible.

Each year from the beginning of December until Christmas Eve 'Oakberry Trees' comes to life, selling Christmas Trees to the public. A large Barn converted each season allows for an extensive and well lit display area containing trees of many varieties, shapes and sizes. In the barn you will also find their large range of water retaining tree stands, Christmas lights, Festive wreaths made from their own foliage and fresh mistletoe. As he said in his talk helpful assistance and advice is always close at hand should you need it in choosing just the right tree such as "Fraser Fir" "Nordmann Fir" "Norway Spruce" or "Blue Spruce" which are currently on sale. As he explained in his talk trees will take around 10 years to grow to a suitable size for Christmas. Other varieties already growing will become available for sale over the coming years.

They were Winners of the BCTGA "British Christmas Tree Growers Association" Annual Christmas Tree Competition 2012 in the best spruce category. As both winners and runners up they were offered the opportunity to supply a Christmas Tree to grace the Pillared Room within No.10 Downing Street.

**Our Speaker Steve Hammond on "Change over Day" 26th June reminded me of life as it used to be.**

*We are Survivors*

***(For those born before 1940)***

*We were born before television, before penicillin, polio shots, frozen foods, Xerox, contact lenses, videos and the pill. We were before radar, credit cards, split atoms, laser beams and ballpoint pens, before dish-washers, tumble driers, electric blankets, air conditioners, drip-dry clothes ...and before man walked on the moon.*

*We got married first and then lived together (how quaint can you be?). We thought 'fast food' was what you ate in Lent, a 'Big Mac' was an oversized raincoat and 'crumpet' we had for tea. We existed before house husbands, computer dating and 'sheltered accommodation' was where you waited for a bus.*

*We were before care centres, group homes and disposable nappies. We never heard of FM radio, tape decks, artificial hearts, word processors, or young men wearing earrings. For us 'time sharing' meant togetherness, a*

*'chip' was a piece of wood or fried potato, 'hardware' meant nuts and bolts and 'software' wasn't a word.*

*Before 1940 'Made in Japan' meant junk, the term 'making out' referred to how you did in your exams, 'stud' was something that fastened a collar to a shirt and 'going all the way' meant staying on a double-decker bus to the terminus. In our day, cigarette smoking was 'fashionable', 'grass' was mown, 'coke' was kept in the coalhouse, a 'joint' was a piece of meat you ate on Sundays and 'pot' was something you cooked in, 'Rock Music' was a fond mother's lullaby, 'Eldorado' was an ice-cream, a 'gay person' was the life and soul of the party, while 'aids' meant beauty treatment or help for someone in trouble.*

*We who were born before 1940 must be a hardy bunch when you think of the way in which the world has changed and the adjustments we have had to make. No wonder there is a generation gap today ... **but***

***By the grace of God ... we have survived!***

**Lutterworth Food Bank      Jane Seagar      Mon July 3rd 2017**

Lutterworth Food Bank has been operating since 2014 in the Churchgate Centre under the 'umbrella' of the Trussell Trust. In 2015 it extended its operation by opening a satellite unit in Countesthorpe. The Lutterworth centre covers a wide area from Market Harborough in the East to Broughton Astley in the North. Demand for its services has increased over time & in Jan '17 it fed 60 more people than in the whole of the period from Jan-March 2016.

In order for people to access the scheme they need to be referred by an agency such as the CAB, schools, a doctor's surgery etc. On referral they receive a red [uncopyable] voucher worth c£100 that enables them to access enough food from the Food Bank to feed the family for 3+ days. Foods provided are staples and families are eligible for up to 3 vouchers in any 6 month period.

Jane spoke movingly of how her involvement in the project had proved to be a real eye-opener, particularly in the way that the vagaries of the benefits system often worked to produce real short term poverty for some families. She stressed the non-judgemental approach that staff took and the importance that was placed on respecting all clients regardless of background. In her experience the clients did not abuse the Food Bank system but rather were using it out of real need and often with an

associated sense of shame.

Jane was not asking directly for financial or other support but did acknowledge that any support would be welcome, particularly now that the Food Bank rented storage space rather than being at the mercy of philanthropic landlords. Members wished her well with her efforts and thanked her for an interesting update on the Food Bank's activities.

## **Logistics**

**Kevin O'Neill**

**Monday 10th July**

Kevin shared with the club some of his experiences working for the last thirty years in the logistics industry. Whilst logistics has a formal definition it is probably most simply described as 'the organisation of moving stuff around'. Kevin arrived in logistics having tried but not settled in both engineering & accountancy. What attracted him particularly was the ever changing nature of the industry and his career took him from TNT Skypak in Australia to employment with DHL prior to spending the last eight years as a consultant.

It is clear that international freight movement has elements of 'murky business' to it & this is not surprising given the financial stakes involved. The latest container ships being built, for example, carry up to 20,000 containers and in the last financial year the main shipping companies have lost a collective \$3.5bn.

There was discussion of the latest developments in the industry that ranged from Chinese investment in an overland 'Silk Road' to Europe to the use of drones for delivery and the steps that are being taken to address the problem of modern slavery [including in the UK].

Kevin finished his talk with his vision for the future of logistics. For a community such as Lutterworth he saw the establishment of a local distribution hub, similar to a postal sorting office, bringing together all manner of deliverable products from parcels to groceries. These would then all be delivered by a single vehicle rather than having a fleet of white vans clogging up every street as at present.

This was Kevin's 'big idea' of UMS logistics.....the Ultimate Milk Float.

Our thanks to Kevin for a really interesting talk about a far more colourful industry than one might at first imagine.

**Frank on the move again** to the River Clain just North of Poitiers France escorting David Ayres this time.



### **Notice found in Hotel**

You may look at the dust but please don't write on it.

### **Please Note**

Roger Rose's Email Address is not as in the Internal Directory produced by David Ayres but  
**"roger.rose@outlook.com"**

### **London to Paris Cycle Challenge**

The intrepid trio Robert Eggleston (proprietor of the Greyhound Coaching Inn Lutterworth) and his son (Richard) and daughter (Lara) must be congratulated in cycling the 320 miles from London to Paris in July raising funds for the charity "U Foundation" which supports two

schools in Zambia. Out of the 20 participants who took part raising a staggering £20,000 the Lutterworth trio raised £3,000. (Each Lutterworth Rotary Club raising £300). The attached photo of the trio at the Eiffel Tower in Paris shows them celebrating.



Left to right *Richard Eggleston – Robert Eggleston – Lara Eggleston*

Richard stepping into the team at short notice due to Dr John Wiggins injuring himself during training.

## Don't forget The Lutterworth Big Bike Ride

The Club will be running their fifth annual Big Bike Ride on **Sunday 20th August**. The longer distances starting at 9 a.m. with the shorter distances up to 11 a.m.

As with last year, the event will start and finish at Misterton Hall and there are four routes that you can take :- 11, 23, 39 and 62 miles. The entry fee is £10 for adults and £5 for under 12's which includes a well earned hog roast to be enjoyed at the finish.

Last year the event attracted over 400 riders and well over 100 of those completed the 62 mile route.

The 39 mile route runs directly though the Naseby Battlefield and many sections of the route follow the National Cycle Network.



The Club would like to thank Mrs Heather Craven for the use of Misterton Hall

More information is available on:-

**[www.lutterworthrotary.org.uk](http://www.lutterworthrotary.org.uk)**  
and riders can enter online at **[www.entrycentral.com](http://www.entrycentral.com)**

**Main Sponsor: Neil Green Catering.**



## **Naloxone presentation for Joint Rotary Meeting on Monday the 24/7/2017**

Carola Sander-Hess , Medical Lead for Inclusion SSSFT Community Drug teams presented Naloxone overdose prevention training with the help of Bethany Smith ,who kindly volunteered for this, to both Rotary Clubs of Lutterworth.

Each Club member was offered a Certificate of having been Naloxone trained afterwards.

Furthermore Carola spoke of Inclusion SSSFT Naloxone project which led to the service being awarded the Health Journal Service Awards 2016 for patient safety which is one of the highest accolades to win within the NHS. Naloxone is a drug used to reverse opiate overdose and since a change in legislation in 2015 it can be offered to non-medical people (patients, carers, hostel staff, to name just a few) after the standardised training. The training can also be carried out by non-medically qualified personnel (i.e. drug worker) which increases the uptake and distribution of Naloxone. It is effective in reversing opiate overdose and buys time for an ambulance to arrive. This is of particular importance in remoter areas or for example on festivals where response times might not be as quick as in inner city areas. Unlike in America where Naloxone is very expensive it is a very affordable drug in the UK.

Inclusion has managed to save the NHS in excess of £700.000 since the project was started. For every pound Inclusion has spent on Naloxone the Health economy saved £24.60. So far 300 lives have been saved and over 3000 naloxone kits have been handed out to Inclusion patients in all their community drug teams.

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