



**Issue No: 164**

**Driving the wheel of fellowship**

## November '18 Newsletter

**Programme for the next two months.**

### **November**

### **Speaker Finder Grace & Thanks**

Monday	5th	Normal Meeting	David Wooliscroft	David Toone
Thursday	8th	Council		
Monday	12th	Business Meeting		
Monday	19th	Normal Meeting	David Haynes	Philip Duncan
Monday	26th	Normal Meeting	John Roberson	Ted Wilson

### **December**

Monday	3th	Normal Meeting	David Ayres	Sally Hollis
Monday	10th	<b>Christmas Lunch</b>	+ IW Lutterworth Golf Club	
Monday	17th	<b>Christmas Lunch</b>	<b>Greyhound Inn</b>	
Monday	24th	<b>Christmas Holiday</b>	<b>No Meeting</b>	
Monday	31st	<b>Christmas Holiday</b>	<b>No Meeting</b>	

If you are unable to carry out your 'duty' please find a substitute and tell **David Ayres** Tel: 01455 202224 email ayres4feet@btinternet.com

## **Val Cooper – Life talk - part 1**

May we thank Val for stepping in at the last minute in giving us a highly amusing talk on her early life in part 1. We have been promised part 2 of her Life "Up North" at a later stage.

She was born in 1946 in Saddleworth in the West Riding of Yorkshire. Her father's family were mill owners and a book has been written about them and later a film made. Her parents were divorced when she was 18 months old and her mother took her back to live with her maternal grandparents in Diggle. She attended Diggle County Primary School where she shared a class with TV Presenter John Stapleton. Her mother remarried when she was 7 and they moved to Greenfield. She failed her 11 plus and went on to Saddleworth Uppermill Secondary Modern School. It was her wish to be either a hairdresser or a waitress on leaving school but she started her working life as a mill worker, as a creeler and splicer in a cotton mill, she had to hand her pay packet over each week and was given 2/6d back to spend as she liked. In 1961 and at just 15 she met a boy, Gary, who would eventually become her husband. In 1965 she was devastated when, after losing his father he joined the Army. After much thought and after reading an article in a magazine she decided to enlist in the Women's Royal Army Corps (WRAC), where she learned to type. After her postings to the Queen Elizabeth Barracks in Guildford for basic training and Yeovil for Trade Training she was posted to Hounslow where she worked as Secretary to a Major. She was then posted to Middle Wallop.... to be continued....

## **New Age Kurling**

New Age Kurling is a game for everyone, and is now provided **every Monday between 3 p.m. and 4 p.m. at the Lutterworth Leisure Centre - Coventry Road - Lutterworth LE17 4RB at £2 a session.**

Something different and is not weather sensitive and can be played at anytime of the year.

Everything is provided and has a qualified coach on hand to provide both encouragement and instruction on the rules.

Your coach would be Jack Johnson who is available both on mobile 07956 778071 or email [jacks-coaching@hotmail.com](mailto:jacks-coaching@hotmail.com)

**The Euro Union Commissioners** have announced that agreement has been reached to adopt English as the preferred language for European communications, rather than one of the other 27 which were the other possibilities!!!

## **Mass Spectrometry by Guy Wilson**

On the 24<sup>th</sup> September Ted's invited speaker was his son Guy who introduced us to the little known but widely used technique of Mass Spectrometry. These measurement instruments, are used in a surprisingly wide range different ways to measure the presence of mass of molecules.

We learned that mass spectrometry is used throughout the pharmaceutical drug development process making sure that drugs like the statin, are efficacious and safe. But this is by no means the only application of this technique. Mass Spectrometry has the capability to detect contaminants in our drinking water at minute concentrations, as little as one drop in 20 Olympic swimming pools!

The most intriguing example was that of a very special surgical knife attached to a mass spectrometer, developed to aid safe removal of cancerous tissue in the operating theatre by giving the surgeon a real-time measurement of whether the tissue being cut is normal or cancerous. While we wait for regulatory approval for this to be more widely adopted the knife can be used to foil food fraud. It has the ability to identify if there is horse meat in your burger, if the cod you have been sold is actually cod and even if the fish has been line caught or trawl caught!

Finally Guy ended on how mass spectrometry has touched almost all of us, informing us there are a number of different hospital tests carried out using this technique, such as Vitamin D testing, Immunosuppressant monitoring of transplant patient and the majority of Neonatal screening is done using mass spectrometry.

## **John and Kath Warren - John O'Groates to Lands End**

Who would have thought of walking some 1,947 miles with their wife having just retired from a very hectic life as manager at the Lutterworth One Stop Shop.

John were very enthusiastic about their achievement but when asked whether they would do it again 3 years later unanimously said **no**.

John always a good speaker kept his audience in raptures in giving us examples of the people they met en route south.

All very generous and all thinking they were crazy at their ages.

One example he gave of peoples generosity was when they went to catch a (once a day bus) only to find they had mislaid their wallet to pay their £7 fare (each) and would have to wait a day to draw further funds. To save this happening a passenger stepped forward and said he was prepared to pay their fare. They found their wallet while on the bus and at the next stopping point went to pay their debt but could not find the man—he had just disappeared. They found later that he had been a prisoner from a goal further north and had escaped to see his family before giving himself up to complete his prison sentence.

Another example was when they were invited to a family (who they didn't know) Birthday Party.

Yes they did rub up blisters but these lessened as their feet hardened but the amazing thing was that they were still wearing the same boots they set out with one being made in Richmond North Yorkshire and not soled yet. John being harder on his boots had only just resorted to having his re-soled some 3 years later.

Their trip had taken 95 days to complete - April—July '15 covering 1,947 miles.

A fascinating journey covering the country from north to south in all weathers and covering an average of 14 miles a day in order to maintain their planned schedule.

*Age is just a question of mind over matter, if you don't mind then it doesn't matter anyway.*

*If ignorance is bliss—why are not more people Happy?*

### ***How crazy can we be:-***

*Two teenagers made headlines when they left a pair of glasses on the floor of the San Francisco Museum of Modern Art only to stand by and watch as visitors gathered to photograph the "exhibit".*

*Taken from TIME Magazine*

### **100 Club Draw (October)**

1st	74	Steph Tansley
2nd	15	Graham Johnson
3rd	81	George Turner

### **Tim Tucker, District 1070 District Governor.**

Our speaker on Monday 22 October was our District Governor Tim Tucker. If you have not met him before, you would be surprised by his energy, enthusiasm and enigmatic personality. Once his jacket was off – he was off with an unscripted inspirational tale on how he became DG having been challenged with "*You're never going to be a DG*"

Tim is a keen cyclist. Not a lycra wearer, or racing handlebars (there's nothing conventional about Tim). He sees it as a sensible alternative mode of transport. He happily rides from different Rotary clubs, in spite of being employed full time and committed to the demands of DG in our large district. He entered our Big Bike Ride in August and congratulated us on organising such a great event.

His energy and quirkiness was further shown as he told us about the DG's conference in RIGA, Latvia. He sought a cheaper and more interesting hotel but it meant a 7 mile walk to the conference centre. He felt he learnt more about Latvia and its people than any of the other delegates.

Tim's main message was to ensure we talk about the good we do to other people; gain their interest and gain new members.

When asked recently at a meeting what was inspirational about his district 1070 his reply was "It is full of good people" for which he received a round of applause.

## **Lutterworth Santa Fun Run 2018**

As the seasons change and thoughts begin to turn to Christmas once more, we trust that you have made a note in your diary, Sunday 2nd December when we hope that you will join your friends in participating in the Joint Rotary Clubs 10<sup>th</sup> Lutterworth Santa Fun Run.

Last year saw over 650 Santas mark the start of the Christmas season with a festive run, jog or walk around the streets of Lutterworth. As well as having an enjoyable and health giving morning, the fun run raised over £6,500 for distribution to local & regional charities and local community groups.

Over the past 9 years a staggering £103,000 has been raised for local and regional good causes.

This year the Lutterworth and Lutterworth Wycliffe Rotary Clubs will be raising money for:

Air Ambulance (Derbys, Leics. and Rutland)

Lutterworth Share & Care Group

Cancer Research UK

Bamboozle Theatre Company [Leicester]

Lutterworth Town Mayor's Appeal

Rotary Supported Charities

In addition to individuals and families, we are keen to encourage local clubs and businesses to enter teams for the fun run. Groups are also welcome to use the event to raise money for good causes that are not on the above list of this year's named charities.

As in previous years, there will be 2 routes of approximately 4 and 5.7 km which will start at 11 a.m. from Lutterworth College LE17 4EW- finishing there for a well earned drink and light refreshment free of charge.

Entry fee – Adult £10 and £4 up to and including age 16 which includes a Santa suit, hat and beard.

Entry forms are available from a number of community and

business premises in Lutterworth Town centre or by entering on line via our website – [santafunrun.org.uk](http://santafunrun.org.uk)

Thanks are due to our local business sponsors who have enabled the entry fee to remain the same since our first run some 10 years ago.

## **Future Events**

### **Santa Fun Run**

**10th Santa Fun Run  
Sunday 2nd December  
Starting at 11 a.m.  
Venue Lutterworth College**

**Entry £10—16 years and younger £4  
Entry forms available on line  
[www.santafunrun.org.uk](http://www.santafunrun.org.uk)**

### **Morrisons Collection**

Saturday 15th December  
Tuesday 18th December

*Peter J Osborn Rossett Green Valley Lane Bitteswell LE17 4SA  
Tel 01455 553178 email [peterosborn@talktalk.net](mailto:peterosborn@talktalk.net)*

