



Issue No: 192

Driving the wheel of fellowship

February '21 Newsletter

Programme for the next two months.

February

Speaker Finder Grace & Thanks

Monday 1st Normal Meeting Rose Chapman John Wilson

Monday 8th Normal Meeting Val Cooper David Toone

Thursday 11th Council Meeting 7-30 p.m.

Monday 15th Business Meeting

Monday 22nd Normal Meeting Elaine Turner Peter Osborn

March

Monday 1st Normal Meeting John Howell Sue Postlethwaite

Monday 8th Normal Meeting Graham Johnson Rose Chapman

Thursday 11th Council Meeting 7-30 p.m.

Monday 15th Business Meeting

Monday 22nd Normal Meeting David Ayres Martin Iliffe

Monday 29th Normal Meeting David Wooliscroft Val Cooper

If you are unable to carry out your 'duty' please find a substitute and tell
John Howell Tel: 01455 553209 email sheila.m.howell@hotmail.co.uk

A Smile

*A smile costs nothing, but gives much,
It enriches those who receive, without
making poorer those who give.
It takes but a moment, but the memory of it
lasts for ever.*

*None is so rich or mighty that he can get
along without it, and none so poor but
that he can be made rich by it.
A smile brings happiness in the home,
fosters good-will in business, and is
the countersign of friendship.*

*It brings rest to the weary, cheer to the
discouraged, sunshine to the sad, and it is
nature's best antidote for trouble.
Yet it cannot be bought, begged, borrowed,
or stolen, for it is something that is of no
value to anyone until it is given away.*

*Some people are too tired to give you a smile,
Give them one of yours, as none
needs a smile so much as he who
has no more to give.*

Seen in a local Coffee Shop

One of our Coffee Machines has decided
to take the day off.

And the not so deep thinkers!

How come you press harder on a remote control
when you know the battery is dead!



Lutterworth Rotary packed 50 festive bags with scrumptious goodies supplied by E&R Tea Rooms and then delivered them to some of the known elderly in our town, bringing them a little cheer this Christmas. Our thanks to Age Concern who advised us of known worthy recipients from their register. *"It was great fun and very humbling to bring some joy to those isolating over Christmas, and good use of the proceeds raised with the Santa Sleigh"* said Val Cooper our President Elect.

Frank with his Christmas friends over Christmas



President's Chicken Liver Pate

While more of us are confined to spending more time at home our President is offering to share another of his recipes for you to try producing at home.

Try to see what you think of your handy work. It sounds simple to try and impress the wife with your newly found prowess.

Ingredients for Chicken Liver Pate

1 lb of chicken livers
2 oz of butter
1 onion roughly chopped
2 large cloves of garlic chopped
1 tbs of double cream
2 tbs of tomato puree
2 tbs of brandy
1 tbs of dry mustard

Rinse the chicken livers and pat them dry. Melt the butter in a pan and add the onion.

Fry for 2-3 minutes and then add the garlic and chicken livers.

Add a little salt and pepper to taste.

When the livers looked cooked but still pink in the middle add the dry mustard, give it a good stir, put a lid on and remove the pan from the heat.

Leave to cool and mix together the cream, tomato puree and cream.

Add this mixture to the livers after about ½ an hour.

Transfer to a fridge until the next day and then coarsely mince.

Put into attractive bowls and float a little melted butter on top.

The pate freezes well for up to a month if covered in 2 layers of foil.

Serve with crusty bread or toast.

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**May we congratulate Val Cooper
on being elected a Lutterworth Town Councillor.**

Update on Helipads for Hospitals by John Nowell

Please find below an edited report given by our Speaker John Nowell on the progress being made in the collection of Aluminium Cans for the manufacture of Helipads at our hospitals.

In addition to the delays of any progress at Leicester Royal Infirmary and Queen's Medical Centre, Notts, we also suffered a steep decline in income from our widespread collection boxes. The helipad for the LRI was our primary purpose. Now that the race-against-time LRI project is delayed, we shall continue to collect aluminium cans to support the building of other helipads, support various air ambulance charities and also help the environment by recycling. We are now working with and supporting the County Air Ambulance Trust based in the West Midlands. Our plan now is to sell the cans and donate any profits to CAAT.

To make our collections more efficient, we are crowd funding to buy a 'Transit' style van. We would be grateful for any donations to make this project a reality. You can donate by visiting the Just Giving site and searching for Helipads For Hospitals – van. See; <https://uk.gofundme.com/f/helipads-for-hospitals-needs-a-van>

Our longer-term solution is to acquire a 'Compaction Wagon' with an 11-tonne capacity using its internal crush plate to crush the cans. We are actively looking for a sponsor.



We continue to deliver Big Red Recycling Bins across the East Midlands. In the Jan/Feb period, we plan to deliver new bins to Boston, Diseworth, Enderby, Whittlesey and three BRBs into the Leicester area courtesy of RC Leicester Novus.

Collections by young people continue to amaze and surprise us all. A 14 year old boy collected 2,000+ cans and spelt out H4H in his garden, and a young 3 year old boy received a certificate for his efforts from the President of RC Bourne.

Perhaps the most impressive was a 16 year old Army cadet who not only collected 12 builders bags of cans but he also raised £400 himself towards the cost of the Whittlesey Big Red Recycling Bin! Utterly amazing. (picture opposite)



The big plan is still to eventually establish a UK wide “movement” to organise a circular community economy in a win—win—win situation where everyone in the community wins.

Only 5 million cans are needed for each helipad—but they are all free! as 50 million empty drinks cans are thrown away every week. All we have to do is collect them. In the short term, we plan to simply sell the cans.

We now have a new 7th Area of Focus for Rotary – To Support The Environment. We are keen to use the Big Red Recycling Bins as a focal point and a springboard within communities to improve the recycling of other objects. We ask that everyone recycle crisp packets, milk bottle tops, ring pulls (these need to go to Inner Wheel who in turn send the ring pulls to a charity in the Philippines) plus plastic bottles. Sainsbury’s have a prototype-recycling machine where you can deposit the plastic bottle and receive a 5p food voucher.

The general recycling rate is shown to be less than 50%. Simply not good enough.



We encourage youngsters to keep collecting cans. By doing so, we reduce the exploitation of mining for raw aluminium ore, reduce the impact of high-energy smelting (and thus green house gases). We then reduce the import cost of aluminium into UK and recycle a useful resource in the shape of the cans. We give work to the inmates of HMP Stocken where they use a smelting process to make aluminium plates from the crushed cans for the helipad platforms (on hold at the moment because of the distancing rules for Covid-19). However more prisons want to join the scheme. We save the NHS the vast cost (£1+ million) of building the helipad but most important, we help to save lives and perhaps more important, prevent further injury to already badly injured patients by air lifting them to hospital.

Future Events

ROTARY CLUBS OF LUTTERWORTH & RUGBY

Service Above Self

CHARITY GOLF DAY

IN AID OF ROTARY CHARITIES AT HOME AND ABROAD

MONDAY 7th JUNE 2021

AT LUTTERWORTH GOLF CLUB.

THERE WILL BE FOUR PLAYERS IN EACH TEAM, ENTRIES ARE INVITED FOR COMPLETE TEAMS , INDIVIDUAL ENTRIES ARE WELCOMED AND WILL BE MADE UP INTO TEAMS OF FOUR BY THE ORGANISERS. MIXED TEAMS WELCOME.

INDIVIDUAL ENTRY £40 TO INCLUDE THE HALF WAY HOUSE

TEAM OF 4 ENTRY £160

COVID PERMITTING DINNER WILL BE AVAILABLE AT £10 PER HEAD

TEE OFF TIMES WILL BE FROM 10.0 A.M.

***For further details please contact either Sally Hollis 01788 833700 or
Graham Johnson 01455 552991.***

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