



**Issue No: 222**

**Driving the wheel of fellowship**

## August '23 Newsletter

**Programme for the next two months.**

### **August** **Speaker Finder** **Grace & Thanks**

Monday 7th Normal Meeting Steve Tallis Alison Allen

Thursday 10th Council Meeting 7-00 p.m.

Monday 14th Business Meeting

Monday 21st Normal Meeting David Toone David Ayres

**Monday 28th Summer Bank Holiday No Meeting**

### **September**

Monday 4th Joint Lunchtime Meeting with Wycliffe Ted Wilson

Monday 11th Normal Meeting Colin Derrick Derick Berridge

Thursday 14th Council Meeting 7-p.m.

Monday 18th Business Meeting

Monday 25th Normal Meeting Anne Baker Philip Duncan

If you are unable to carry out your 'duty' please find a substitute and tell **Anne Baker** Tel: 01455 285674 **email** [christinabaker304@btinternet.com](mailto:christinabaker304@btinternet.com)

## **Rules of Cricket for those who play Golf and as explained to a foreign visitor**

The Rules of Cricket

You have two sides, one out in the field and one in.

Each man that's in the side that's in goes out, and when he's out he comes in and the next man goes in until he's out.

When they are all out, the side that's out comes in and the side that's been in goes out and tries to get those coming in, out.

Sometimes you get men still in and not out.

When a man goes out to go in, the men who are out try to get him out, and when he is out he goes in and the next man in goes out and goes in.

There are two men called umpires who stay out all the time and they decide when the men who are in are out.

When both sides have been in and all the men have got out, and both sides have been out twice after all the men have been in, including those who are not out, that is the end of the game!

### **Notes provided by our speaker Adam Bostock on his talk to the Club covering Hearing Loss and Tinnitus**

On Monday, July 3rd, it was a privilege for me, Adam Bostock, to be invited to speak to you about the importance of ear health. As the owner and senior audiologist at Alto Hearing & Tinnitus Specialists, my team and I are dedicated to helping people understand and take better care of their auditory health.

One crucial aspect that we discussed is the significance of ear health and its wider social and psychological impact. Hearing loss, if left untreated, can lead to complications such as loneliness, isolation, and strained relationships. It can often be a silent affliction, progressively worsening over time without drawing attention to it.

This highlights the necessity of regular hearing checkups. Particularly for those aged 60 and above, an annual hearing examination should be a part of your routine healthcare.

Hearing loss isn't just about ears - it's deeply interlinked with our cognitive health too. You may find it surprising that even a mild hearing loss makes individuals 42% more susceptible to cognitive decline and dementia. But there's a silver lining. As research shows, wearing hearing aids can significantly reduce this risk, bringing it down to the level of those with normal hearing. This is an empowering fact - we have a tool at our disposal that can counteract this troubling trend.

Today's hearing aids are no longer the conspicuous, uncomfortable devices of yesteryear. Modern technology has allowed us to develop devices that are discreet, rechargeable, and user-friendly. They are specifically designed to integrate smoothly into your daily life, offering support without drawing attention.

At Alto Hearing & Tinnitus Specialists, we believe in creating opportunities for individuals to understand their hearing health better. **As part of this commitment, I am delighted to offer all Rotary Club members a complimentary AltoDiscover hearing consultation, normally priced at £110.** This comprehensive assessment will delve into your auditory health, evaluating your hearing capabilities and how efficiently your brain processes sound. Our senior audiologist, Carl Morley (our new member of the practice), will guide you through this consultation, taking the time to explain the results and answer your queries.

It was indeed a joy to receive such positive feedback on the presentation from the club members. We strive to share our knowledge and expertise to enable you to navigate the often complex path of hearing health with confidence.

Our practice is located at 1 Shambles Court, Lutterworth, LE17 4DW.

If you wish to learn more or have any questions, please feel free to contact us at [hello@altohear.co.uk](mailto:hello@altohear.co.uk) or call us on 01455 372094.

Additional information is also available on our website, that can be contacted on [altohear.co.uk](http://altohear.co.uk).

In conclusion, looking after your auditory health is not just about maintaining good hearing, but also about preserving cognitive function and quality of life.

Let us help you on this journey towards better hearing health.

## Having been glued to the box for a fortnight in early July, do you know the history of Wimbledon?

The Championships, commonly known simply as Wimbledon, is the oldest tennis tournament in the world and is widely regarded as the most prestigious. It has been held at the All England Club in Wimbledon, London, since 1877 and is played on outdoor grass courts, with retractable roofs over the two main courts since 2019.



## Do any of you remember the lyrics of the Wombles in 1974

*Underground, overground, wombling free  
The wombles of Wimbledon Common are we  
Making good use of the things that we find  
Things that the everyday folks leave behind  
Uncle Bulgaria, he can remember the days  
When he wasn't behind the times  
With his map of the world  
Pick up the papers and take them to Tobermory*





Val Cooper's speaker today (10th July) was our Town Crier Peter Hollinshead who gave us a very interesting talk on the roll of a Town Crier in today's age.

The position of a Town Crier was originally that of 'Crier of the Town Court' and dates back to medieval times.

'Oyez' (pronounced 'oh yay') means "hear ye". The Town Crier would begin his cry with these words, and accompanied by the ringing of a large hand bell to attract attention.

## **The Origins of Money as we know it today**

How did humans trade and what did they use for payment before the creation of money? Find out how the first coins were created, why paper money was first introduced and all the discoveries and social changes that led to our current monetary system.

Before money people used bartered goods as payment; animal hides and teeth. Livestock was the most valuable commodity. The word cattle comes from the Latin words "caput" and "capital" meaning property. Shells were also used; snail shells, called cowrie, were so common in Chinese trade that the original character for money was based on them. Other goods used for payment were tools, salt, beads, crops, weapons & tobacco. West African tribes traded manilas, bracelets and armbands made of copper and bronze.

The Inca built a great empire without using money. Goods were provided by the state and people worshipped gold and silver as part of their religion. The Aztecs and Maya used cocoa beans or cotton cloths called quachtli.



**The First Money** as we know it today started in the 7th century BC. The first standardized coins were created in what is now western Turkey. They were made of electrum, a naturally occurring amalgam of gold and silver. In Rome, coins were minted near the temple of the goddess Juno Moneta, which gave us the words "mint" and "money". Offa, an Anglo-Saxon king, introduced the first English coin known as the penny around 790 A.D. A copper shortage forced China to introduce the world's first paper money into circulation in the 9th century, 700 years before Europe did so. In the 1500's the St. Joachimsthal mine in what is now the Czech Republic introduced large silver coins called thaler. The Spanish version of the thaler became the first worldwide currency. The English called it the dollar, and the U.S. dollar was based on it.

## **Proposed Church House Conversion**

Victoria (Tor) Berry spoke to us on Monday 24 July about the renovation and refurbishment of St Mary's Church Lodge. Tor has been instrumental in securing funding for the project, transforming the building to provide a truly accessible and versatile space for use by Lutterworth community groups. The user friendly establishment is anticipated to be used by Lutterworth Foodbank, the NHS, voluntary organisations and groups which support vulnerable members of our community.

The need for such a facility was born out of the recognition by the church during Covid, that certain groups had become isolated. Facilities will include - wheel chair access; quiet and sensory room; meeting room and better accommodation for the Foodbank.

Following Tor's presentation the members were invited to visit the new facility, which whilst awaiting completion, it is hoped will be open for inspection at the Lights Switch On, with a full opening by the New Year.

Whilst funding has been successful Tor anticipates a short fall of approximately £3,000.



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